

A Day in Paula's Life During Lockdown

This is a description of an average day in my life in lockdown in California. My routine varies but this is what it looks like on an average day.

10:00 am- 11:00 I wake up, wash my face, and make something to eat. Usually eggs, crepes, or a smoothie bowl. I spend the rest of the time hanging out around the house, checking my school planner, and finding something to wear.

11:00-3:00- Switch back and forth between going on my phone, doing schoolwork, and messaging friends. Some days I also go to my neighbors' (gorgeous) backyard and tan for a few hours. I really miss my friends, so we usually find a way to talk while getting work done. I inserted a picture of me and all of my friends who played volleyball with me in the fall. There are other girls on the team, but I'm really only close with the freshman because we bonded over being new to high school.

3:00-4:00 I usually make an afternoon snack and watch TV with my mom while she does work on her computer. Some days I also make homemade vanilla frappuccinos in my blender while my older brother makes whipped coffee.

4:00-6:00 The things I do between 4-6 are really inconsistent because it all depends on when I eat dinner. But on an average day in lockdown we either walk the dog, go for a drive, or hang around the house until dinner is ready.

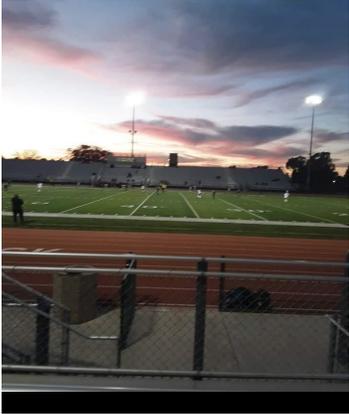
6:00-7:30 Eat dinner, clear the table, do any kitchen chores and put extra food away.

7:30-11:00 My parents watch TV in the living room and we go to our rooms. I usually just go on my phone, talk to my friends, make sure I know when deadlines are, and really just enjoy some quiet time by myself.

11:00-11:30 I do some sort of workout because it's the time where I usually have a burst of energy and I know no-one will bother me.

11:30-2:00 I scroll around various apps on my phone until I get tired. Then I go to bed and get ready to do it all again the next day.

These are some pictures of my life before lockdown because I couldn't get them on the first page.

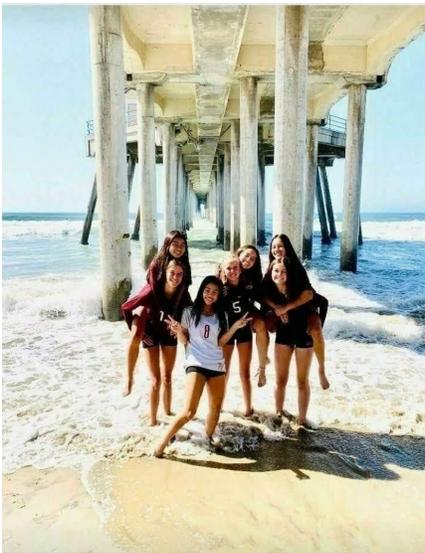


Catching sunsets after soccer games



Action shot of me at a soccer game

Team photos at the beach/pier



My friends and I out to lunch during our free period